WELCOME TO ÄNGBY INTERNATIONAL CAMP 2026

October 26-28 2026

Ulvsunda Idrottscentrum, D-hall



37 players

750 kr / 3 days

COACHES

Alve Sjövold, Craige Campbell, Ella Kellow & Linda Bergström

PAYMENT

Payment is made via an invoice, that will be sent to the email address you have provided.

PRACTICE TIMES

- Session 1: 09:00–11:30
- Lunch: 11:30–13:30
- Session 2: 13:30–16:00
  - Physical & stretching: 15:30–16:00

INFORMATION

- Lunch is not included. Everyone is responsible for their own lunch. There are restaurants near the venue.
- Bring all the training equipment you need. It's an extra plus if you have resistance bands and jump ropes with you.
- You can take a shower in the hall after your workout. There are large, good changing rooms.