

ÄNGBY SUMMERCAMP

30 july-6 august 2023

International camp and tournament

BUTTERFLY



Ängby Summercamp 2022

Foto: Irving Karlsson

TTEX se

table tennis expert

Welcome to one of the biggest training camps in Europe, a camp for all ages and for players that have been playing for a couple of years up to national team players. The camp is for six days and after the camp we have our annual tournament "Ängby Summerpool" for 2 days. All coaches are led by head coach Jens Fellke. One of the female coaches is our energy girl Maria Engelson as physical exercise coach.

All players will be treated individually, working a lot on their main improvement areas at the table.

All players will get

advanced multi ball practice.

physical training.

evaluation and an individual education plan to bring home

brain training and relaxation (optional).

All players will be evaluated at the end of the week

As always we will have a high number of professional coaches from different countries working, assuring that you as a participant will develop your table tennis skills significantly. You will be seen and supported both as a player and an individual.

You will for sure have fun.

The experienced trainer's team is from different countries and table tennis cultures, making the camp to an innovative international melt pot of excellent standard.

We expect players and coaches from Sweden, England, Germany, France, Latvia, Finland, Denmark, Estonia and maybe even more countries taking part this year.

Contact.

Organizer Ängby SK

Box 231

162 13 Vällingby

E-mail: kansliet@angby.com

Web: www.angby.com

Phone: +46 8 89 67 83 (Office)

Phone: +46 70 749 67 83 (Mikael Frank)

Venue: Vällingbyhallen

Bräckegatan 5

162 61 Vällingby

City: Vällingby Centrum



Information

CAMP DIRECTOR:	Mikael Frank
HEAD COACH:	Jens Fellke
NUMBERS OF PLAYERS:	Maximum 140 players (All players will be divided into 4-6 groups depending of playing level)
CAMP FEE:	2100 SEK Including practice Sunday-Friday (12 tt-sessions, 4-6 physical practice sessions) Lunches Sunday 30/7 - Friday 4/8 1 evening activity and a Camp T-shirt.
LODGING AT CAMP AND TOURNAMENT:	1 425 SEK if you bring your own airmadrass to sleep on. 1 675 SEK including an airmadrass to sleep on and Breakfast 30/7-6/8 This summer we as last year stay in Vällingbyschool wich is 10 minutes walk from our practice hall. <i><u>NO DINNER THIS YEAR. Everyone must arrange with their own dinner.</u></i>
PAYMENT:	Shall be done not later than May 31st to our account. International players pay to bankaccount Bank: SEB (Skandinaviska Enskilda Banken) Account namn: Ängby Sportklubb BIC Code: ESSESESS IBAN: SE 67 5000 0000 0527 3100 1127 Swedish players pays to Ängby SK:s pg. 152804-1 or swish to 1234 55 54 54
EVALUATION:	All players will have an evaluation after the camp with their coaches
TOURNAMENT:	We end this week with our annual "Ängby Sommarpool" A tournament that will include most of the players from the camp and many other players.
ENTRIES:	Registration is made on www.angby.com – Ängby Summercamp 2023 or to kansliet@angby.com not later than May 31
INFORMATION:	About time schedule, group schedule etc. will be published on www.angby.com in the beggining of July and sent out by mail.
QUESTIONS:	Will be answered by camp director Mikael Frank

Coaches at Ängby Summercamp 2023

(List of coaches will be updated as soon as we signed up more coaches)

Martin Abramson

Trainer

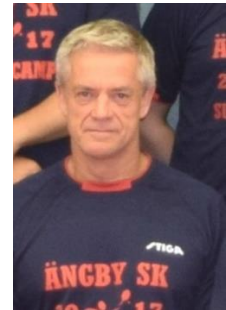
32 years old. Fulltime coach in Ängby SK since 2008, Head coach of the young talent program in Ängby SK.



Peter Stilling

Trainer

Coach since 2003. Region coach for the last 8 years in East-Denmark (ÖBTU)



Craige Campbell

Trainer

Full-time coach since 10 years from Barbados and now working with Ängby Sportclub and other clubs in Stockholm area



Vidal Graham

Trainer

Ukcc level 4 coach, Ukcc tutor and assessor, Full time coach for 20 years with 7 national titles as a player and a coach. Has worked with two national teams (England and Jersey) as a performance coach.



Maria Engelson

Instructrue

“200% energy girl”
Certified Elit Les Mills Instructor, teaching Bodyattack TM, Bodypump TM, CXWORX TM, GRIT TM, World Class Cycle, Core, Booty and Pyramid instructor.”



Stefan Gudjonsson

Trainer

Been coaching since 1974 in IK Bele, Andeboda BK and now Ängby SK



Mattias Bergkvist

Trainer

Finland



Viktor Tolkachev

Trainer

Latvia



Per Rosin

Trainer

Tibble-Kungsängen BTK



Olly Tyndall

Trainer

Represented England at Junior and Cadet level as a player and full time coach at Grantham College TTA.

